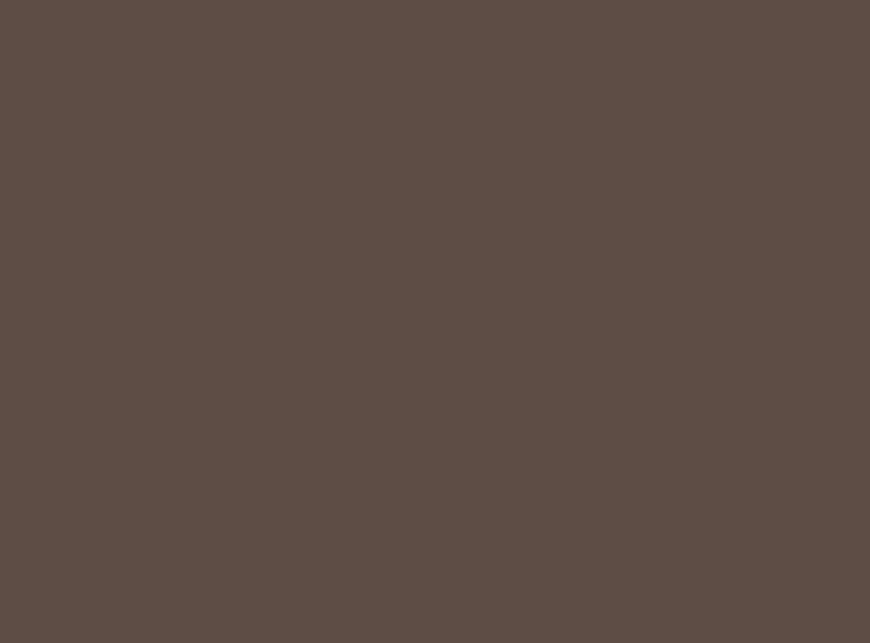


# Pnoé Spa



# Breathing life into every moment





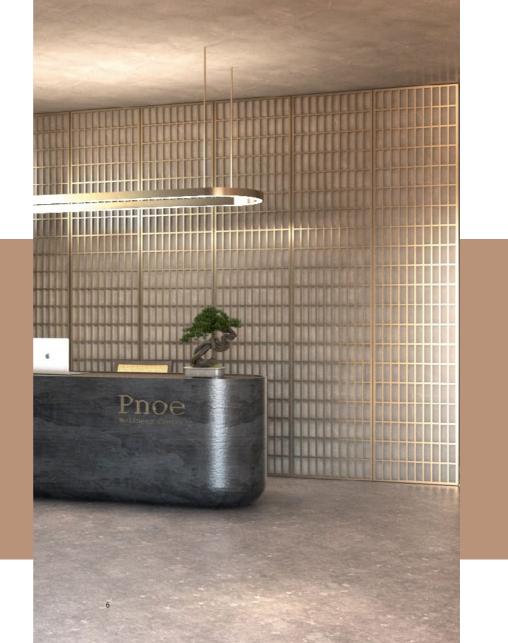
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A unique wellness oasis for those focused on self-care and inner health.

Rejuvenation and recovery are at the core of the Spa and Wellness Center's goals and as such every visit is focused on soothing mind, body and soul through a series of holistic treatments that blend traditional and modern techniques.



A visit to Pnoé Spa marks the first step towards restoring balance and vitality. Experience unique moments through a carefully curated menu of holistic and natural treatments by the luxury spa brands Germaine de Capuccini & Dr. Barbara Sturm and trust our spa professionals to restore your inner glow.

In the Spa's calm and soothing environment, let tensions melt away, cast your gaze within, connect with what matters most and become reacquainted with the most brilliant version of yourself, ready to breathe new life into your everyday.

A sensational treatment menu with a wide range of services. Therapies that please the senses, care for the mind, body and spirit to experience optimal well-being that reflects on the beauty of your skin!

# WELLNESS EXPERIENCE

We invite you to recharge in our state-of-the-art Wellness Area with marvelous natural aromas, created as a soothing heaven for our visitors. Indulge in a unique wellness experience among a wide range of luxurious spa facilities to achieve physical, emotional and mental wellbeing:

- · Sauna
- · Steam room
- · Hydromassage

- · Water Paradise experience showers
- · Ice Fountain
- · Ice Bucket

- · Himalayan Salt Wall Relaxation Zone
- · Digital Wellness Coach

60' use with reservation - 50€

Facilities Package
Package of 3 days use 120€/ per person
Package of 5 days use 175€/ per person



# RECOVERY PROGRAMS

#### Hyperbaric Oxygen Therapy

Hyperbaric oxygen therapy infuses the body with 50% more oxygen to speed up every healing process and reverse aging. The therapy takes place in a decompressed chamber infused with concentrated oxygen.

Hyperbaric oxygen is commonly used for overall health and wellness including anti-ageing and beauty, sports endurance and recovery, improving energy levels and in the treatment and management of chronic conditions and disease.

#### Give yourself an extra boost!

- · Express 30min session 100€
- Exclusive 60min session 150€
- · Five 30min session package **430€**
- · Five 60min session package 630€

#### Zerobody

#### The dry floatation that makes you feel good!

A unique and innovative patented system that allows dry floatation in zero gravity over 400 litres of warm water and includes scientific audio Brain Training programs.

- · 5 audio-guide Mindfulness Programs
- · 5 guided Breathing Techniques
- · 5 relaxing music Tracks

Your body & mind live an unforgettable experience of deep regeneration, embraced by coloured lights & a soft lumbar massage.

#### Mind Regeneration

- · Reduces stress & anxiety levels
- · Boosts mental health
- · Improves sleep quality
- Enhances mood

#### **Body Regeneration**

- · Accelerates muscle recovery
- · Relieves spinal tension & joint pain
- Stabilizes breathing & blood pressure
- · Increases athletic endurance

#### You just need to lie down and let it go!

- · 20min session 40€
- · Five 20min session package **150€**

#### **Breathwork Therapy**

Breathwork is a stress relief technique that brings physical relaxation & peace of mind. It is used to help improve a wide range of issues including anxiety, depression, chronic pain, emotional pain & trauma, thus boosting energy levels, positive thinking & promotes healthy people.

We have designed guided individual or group breathing exercises, meditation & body techniques to reinforce your physical, mental & spiritual wellbeing.

A tool for major transformation and healing!

#### **Private Breathwork Practices**

- · 30min **70€**
- · 45min 100€
- · Five 45min. session package 400€

## Group Breathwork Practices (from 3 to 5 people)

- · 30min **50€ pp**
- · 45min **70€ pp**
- · Five 45min session package 250€ pp

**Our recommendation:** for maximum results & holistic feeling extend your wellness experience with the use of our Wet Area & choose amongst our luxurious spa treatments.



# SIGNATURE RITUALS BY GERMAINE DE CAPUCCINI

Award-winning facial and body treatments with the purest raw materials and special application protocols designed for you only at Pnoé Spa.





#### **Detox Ritual**

(Face & Body Detox Therapy / Recover - Regenerate - Health Boost)

115′ - 210€

Our team has created a complete detox experience to eliminate toxins and restore balance in the body. Enjoy a 15' steam bath followed by an exotic extra-sensory bamboo scrub to open the pores and remove dead cells, leaving a hydrated and extraordinarily luminous skin appearance. The experience continues with a detox massage with special algae cream rich in iodine & mineral elements and a cleansing facial treatment to remove impurities and gain a clean and refreshing skin appearance.

#### Magic Gold Touch

(Antiage - Revitalize - Stimulate)

110′ - 200€

Maximum glamour and sophistication in a revitalizing body therapy based on "Marine Gold" that envelops the skin in a subtle Golden Wrap and an exquisite emulsion of Golden Nectar. Enjoy a soft massage with gold body wrap, rich in anti-aging properties, followed by the application of gold nectar body product, leaving the skin radiant, deeply hydrated & revitalized. The golden look that the products leave on the skin goes well with the bronze effect after a day at the beach. The body treatment is completed with an exquisite eye treatment for eyes in flames!

#### **Total Oxygen Rejuvenation**

(Oxygenate - Detoxify - Prevent Premature Aging)

90' - 180€

Oxygen is a valuable ingredient for the skin as it gives life to the cells and maintains their youthfulness. This excellent regenerative oxygen treatment combines 30' Hyperbaric Oxygen Therapy and 60' O2 facial treatment that act proactively and therapeutically against aging and as a shield against atmospheric pollution. The O2 facial treatment includes a wonderful bubble gel mask that produces oxygen bubbles on your skin, a special massage protocol and a cool crystal mask. The skin appearance is visibly more radiant and regenerated.

\*O2 facial treatment has been awarded as the best professional treatment in 2018 at the Vogue Beauty Awards.

#### Journey to Paradise

(Relax - Restore - Relieve)

80' - 160€

A holistic treatment that uses pressure and movements to repair damage that may exist throughout the body. This package includes a foot massage complemented by a special wrap for tired legs, and a hair & scalp massage, based on specific movements which improve the blood circulation and help against migraines and headaches. Great treatment to restore and rejuvenate the mind and body.

<sup>\*</sup>Enjoy this treatment in the afternoon for a more intense appearance of gold on the skin before your night out

# FACE TREATMENTS

Germaine de Capuccini skincare powerhouse uses methodologies that stand out for more than fifty years with innovative products and meticulous protocols. All products have been developed with absolute respect for the environment while its natural ingredients are never tested on animals. Facial care is provided after a personalized diagnosis by our Aesthetician.

#### Global Anti-age ON

#### (Firm - Restore - Regenerate)

75′ - 150€

Excellent anti-aging facial treatment based on epigenetics. Its stunning composition fills the wrinkles, rejuvenates, moisturizes the skin and activates the defense and cellular regeneration mechanisms. It contains hyaluronic acid, collagen activators and the exclusive ingredient of Germaine de Capuccini, the Zinc-Glycine complex. The ritual includes a massage with a special spoon, placed on ice and a unique metallic icy mask.

#### Timexpert Rides Yoga

(Smooth Wrinkles - Skin Density - Firm) 70′ - 140€

Enhanced facial rejuvenation treatment that achieves smoother skin and a more relaxed expression in record time. Unprecedented benefits in reducing dynamic and static wrinkles. We achieve visible improvement of skin density thanks to facial cupping and facial yoga massage.

#### Total Lift (IN)

#### (Lift - Taughten - Anti-age)

60′ - 130€

Anti-aging facial treatment for tightening that gives the feeling of lifting. It offers volume, density, lateral and vertical lifting, improving the oval of the face. Facial features are straightened and wrinkles are less visible.

#### **Timexpert Radiance C+**

#### (Radiance - Rejuvenate - Relieve)

60′ - 120€

Enriched with vitamin C derivative and Japanese Ume plum extract, this treatment is the most powerful weapon against glycosylation, which causes premature aging. Aids in fighting more effectively against oxidative stress and thus against aging characterized by the appearance of dark spots, dehydration and dull tone. The skin radiates and feels smooth and refreshing.

<sup>\*</sup>Winner of prestigious Highest Award at 20th IFSCC (International Federation of Cosmetic Chemists), considered the Nobel Prize of Cosmetics.

#### Timexpert Hydraluronic

#### (Hydrate - Plump - Anti-age)

60′ - 120€

A revolutionary hydration concept with exclusive formula creating an innovative facial treatment for visibly denser, dewier and more hydrated skin in all layers. A carefully selected combination of ingredients that plump, redensify and protect the skin's hyaluronic acid, making it a cosmetic alternative to medical–aesthetic injections.

#### Men's C + Power

#### (Anti-fatigue - Rejuvenate - Hydrate)

60' - 110€

Specially designed for men's skin with lack of vitality and intense signs of fatigue. Enriched with vitamin C, birch juice and trace elements that rejuvenate the skin instantly and fill it with energy and glow while protecting it from external attacks that cause premature aging.

#### **Face Clarity**

#### (Cleanse - Renew - Smooth)

50′- 90€

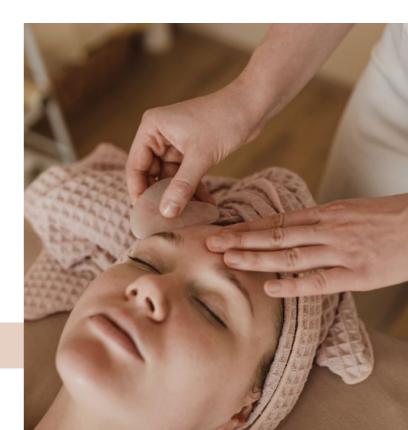
Universal and personalized treatment for all skin types, either oily, normal or combination. In record time it cleanses, purifies, balances the pH, renews and soothes the skin. Reveals a more uniform, luminous and pure face.

#### Eyes in Flames - GuaSha Massage

#### (Luminosity - Depuff - Firm)

45' - 90€

A fast, effective solution that works instantly on the lines and wrinkles of the eye contour. This eye and lip treatment treats dark circles and puffiness, activates collagen & elastin and increases blood circulation, offering a rejuvenated look and smoother skin. Suction cup and quartz stone are used to perform eye & lip massage to enhance the results.









# LUXURY FACIALS BY DR. BARBARA STURM

#### Signature Sturmglow

60 min - 225€

The Signature SturmGlow Facial combines thorough cleansing, exfoliation and extractions to leave the skin super clean and refreshed. It also includes Dr. Sturm's Signature Anti-Aging Massage; a unique combination of massage techniques which help increase blood and oxygen flow, tone and define the facial muscles for an instant, youthful looking complexion.

**THE SCIENCE** Long and short chain Hyaluronic Acid molecules in the HYALURONIC AMPOULE are infused into the skin and provide intensive hydration at both upper and deeper skin layers. The FACE CREAM RICH boosts moisture and antioxidants help restore and soothe the skin. Special massage techniques boost circulation,

**THE RESULTS** | This facial targets key areas of concern to instantly smooth fine lines, reduce puffiness, lift and define the cheekbones and jawline and give skin a youthful glow.

enhancing the production of collagen for effective skin repair.

#### Super Anti-Ageing Facial

75 min - 300€

The Super Anti-Aging Facial replenishes moisture reservoirs resulting in a smoother and more youthful complexion, while promoting the skin's natural barrier function and reducing the appearance of fine lines and wrinkles.

**THE SCIENCE** | Long and short chain Hyaluronic Acid molecules are combined with strong antioxidants and ingredients which help to repair damaged skin and support regeneration.

**THE RESULTS |** This facial visibly lifts the skin around the jaw and neck while reducing fine lines and reviving stressed skin.



### **BODY TREATMENTS**

Captivating body treatments to obtain a sublime and unforgettable Spa experience.

Everything we do and feel has an impact on our health, finally showing on our skin, which is the mirror of our emotions. The body packages has been designed carefully according to your needs.

The therapist captures the emotions and determines the most suitable product for balancing your mood and making our treatments a unique and memorable experience.

#### Orange Blossom

#### (Radiance - Firm - Anti-age)

60' - 120€

Firming body treatment with high nourishing power that provides the skin with new youthfulness. By means of an exclusive exfoliation with orange peel particles, together with a creamy wrap that covers the skin with delicate luminous micro-pigments.

#### Lovender Serenity Experience

#### (Nourish - Tone - Sooth)

60' - 110€

This great combination of body exfoliator and gel cream wrap with Lavender Essential oil eliminates dead cells and reduces dryness; nourishes and softens the skin, leaving it incredibly smooth, elastic and glossy. Its lavender scent provides inner peace and serenity.

#### Mediterranean Post Sun

#### (Sooth - Hydrate - Regenerate)

60′ - 100€

A refreshing and deeply hydrating body treatment with Aloe Vera and Mint ingredients that sooth and regenerate the skin. Its composition stimulates collagen production, restores and renews the skin while cleanses and removes the dead cells through a gentle sea aroma exfoliation.

#### **Fit Success**

#### (Slim - Refine - Sculpt)

75′- 135€

This exclusive body protocol combines the age-old dry brushing massage technique to target generalized cellulite with a selection of the brand's best body treatments. An innovative system that works synergistically like a powerful fat burner and like an effective drainer capable of diluting accumulations of fat and toxins.



## LUXURY BODY RITUALS

#### The Magic of the Silk Route

(Tailor-made facial & body treatment / Sooth - Hydrate - Regenerate)

90′ -190€

Sublime therapy that begins with a delicious body exfoliation of bamboo, argan, olive and orange elements to deeply cleanse the skin, and continues with the application of the soothing "silk" wrap and exclusive massage movements. Offers a divine enjoyment of the senses that is hard to forget. At the end of the treatment, you will enjoy an express facial nourishing massage according to your skin needs.

#### Olivo Therapy

(Nourish - Soften - Relax)

80' - 160€

Sunset in the Mediterranean is not for seeing, but for feeling. The intense orange colors of the sky, the captivating aromas and the whisper of the breeze caressing the skin... It is a true sublimation of all the senses! Contemplate an Exotic Mediterranean exfoliation with olive seeds and a Mediterranean Olive Candlelight massage. A perfect combination to enjoy the relaxation of mind and spirit.

#### Flor de Sal

(Renew - Refresh - Hydrate)

60' - 120€

The first beauty treatment that combines the exquisite Baobab Oil and the valuable pure marine salt from Crete. An exclusive experience that renews and embellishes the skin, while harmonizing the senses.

# MASSAGE COLLECTION

The massage is the oldest known healing art. Wonderful massages that combine the properties of the ingredients with the most relaxing movements, managing to restore the physical and energetic balance of the body, mind and spirit. Allow our experienced spa therapists to guide you in your final choice. All massages are applied with certified professional products.

#### Pnoe Breathing Massage

(Regenerate - De-stress - Relieve)

60′/90′ - 130€/175€

Surrender in an aromatic veil of lavender that immediately transports you to another dimension filled with peace and serenity. This unique body massage is formulated with Lavender and Cajeput Essential Oils, Sunflower and Almond Oils that nourish, restore and soften the skin. Lavender is well known for its ability to alleviate stress and anxiety as well as for its sedative, antiseptic, antibacterial & regenerating health properties.

#### **Candle Paradise**

(Nourish - Relax -Stress Relief)

50'/75' - 120€/160€

A soothing and deeply relaxing massage with golden drops of warm candle that melt all over the body. Choose between notes of lavender, olive and citrus, which calm the senses and hydrate the skin.

#### Sunset in Egypt-Citrus

Close your eyes and let yourself be seduced by the charm of citrus fragrance from Egypt. Its aroma therapeutical action relieves stress and anxiety while its properties hydrate and rejuvenate the skin.

#### The Color of Provence-Lavender

Leave stress behind and enjoy a massage with candle lavender fragrance in the dusk of Provence. A complete aromatic experience guaranteed to soothe the body, ease the mind and calm the soul

#### Flavour of Crete-Olive

Enjoy an unforgettable massage with 100% Mediterranean sense and natural benefits of olives that makes your skin silk and soft. A natural antioxidant product that helps maintain the skin youthful, supple and incredibly smooth.

#### Energy Body Massage

(Release Tension - Uplift - Renew)

50'/75' - 125€/165€

Deep pressure massage with specific techniques and focus on the trigger points that relieve muscle tension and stress, targeting the deeper layers of the muscles' connective tissue. Firm pressure from elbows and forearms loosen stiff muscles and joints for improved circulation and better overall flexibility.

#### **Hot Healing Stones**

(Warm - De-stress - Stimulate Blood Circulation)

75′ - 160€

The massage techniques are combined with the properties of the volcanic stones and the essential oils. The heated massage stones are placed on key points of the body, releasing the accumulated energy from the chakras, while inducing a feeling of total harmony, wellbeing and profound muscular relaxation.

#### **Back Stress Relief**

#### (De-stress - Reduce tension - Relieve)

Choose between back, neck & shoulders and full back side massage that release tension and reduce the daily stress. The combination of essential oils, help in the total muscle relaxation and provide a sense of tranquility. Select one of the following according to your needs:

Relax-Fire 40′ - 100€

A relaxing massage based on slow movements that reduce stress levels and favour concentration.

Vitality-Metal 40' - 100€

An invigorating massage with toning, rhythmic and fast movements that provide vitality and energy for the senses.

Active-Wood 40′ - 100€

A deep and energizing massage with slow movements and lissages like lymphatic and pumping drainage that alleviate muscle pain, stimulate circulation and enhance the overall well-being.





#### Head and Shoulders Therapy

#### (Unblock - Recover - Nourish)

30′ - 75€

Formulated with five original oils that revitalize sensitive & irritated hair, offering the desired comfort while you immerse in total relaxation with a soothing scalp & shoulders massage. Your hair is strengthened, it recovers its natural shine and immediately acquires extreme smoothness.

#### Feet Rejuvenation

#### (Relieve - Release Energy Flow - Energize) 30′ - 75€

This delightful foot and lower leg massage will stimulate circulatory and lymphatic systems to leave hard working feet walking on air. The perfect retreat after a long day of sightseeing or shopping.

#### **Prenatal**

### (Reduce Fluid Retention - Anti-fatigue - Relax) 50′ - 110€

Specially developed for mothers to be, this experience employs massage techniques to relieve tension, soothe muscles and reduce pain caused by shifts in posture. Applying moisturizing almond oil, the skin feels hydrated, soft and silky. This inspirational therapy connects mother and child with the strength of contact.

#### Goodbye Cellulite

#### (Anti-Cellulite - Firm - Tone)

40' - 90€

Slimming and firming massage that achieves a substantial improvement of the skin, produces more firmness, suppleness and a lifting effect and definition of contours. The specific massage techniques on the legs and buttocks with the combination of algae cream stimulates blood circulation, activates lipolysis and transforms cellulite into firmness.





# COUPLES WELLNESS GETAWAY

Share unique moments of relaxation and memorable spa experience and travel to a place where you are just the two of you.

#### **Detoxifying Wellness for Two**

#### (Detox - Regenerate - Recharge)

120′ - 420€

This explosive body treatment invites you to enjoy a fresh exfoliation with a taste of the sea and a sensational Marine body wrap with slimming and detoxifying effect that contains a great richness of minerals, vitamins, trace elements and iodine. The treatment is complemented by a detoxifying massage with nourishing oil that combines the antioxidant properties of green tea and the photo-protective action of Urucum extract. Tea is rich in tannins and antioxidant polyphenols while its oily nature has a healing effect on the skin and provides protection against loss of hydration.

#### Hydrating Wellness for Two

(Nourish - Sooth - Soften)

110′ - 380€

Authentic massage with golden drops of warm candle that melt all over the body. Choose between notes of lavender, olive or citrus, which calm the senses and hydrate the skin. After the massage enjoy a facial treatment to hydrate and refresh the skin. This excellent treatment uses Royal Jelly to improve the durability of the skin, in order to maintain its beauty and youthfulness, provide immediate intense hydration and give vitality to dull, tired or sunburnt skin.

<sup>\*</sup>Excellent choice for honeymooners



# SPA BACHELOR / ETTE EXPERIENCE

#### Glamorous Bride

120' - 200€

Fantastic Bridal preparation with Radiance C+ combination treatments, derived by Orange Blossom Body Treatment and Radiance C+ Facial for the glow you need at your most important life moment

#### **Charming Groom**

120′ - 200€

Prepare your body and your face for this beautiful moment of your life. Exceptional full body relaxing massage will help the mind to regulate anxiety and stress by achieving an optimal state of relaxation. Energising and detoxifying facial treatment with fresh and light texture will provide your skin with clarity and luminosity.

#### J2US Pre Wedding

110′ - 350€

A great wedding package preparation for your special moment. Marine scrub application with the sea taste that leaves skin smooth and hydrated. Aromatherapy full body relaxing massage to relieve stress levels accompanied by an express hydrating facial treatment to nourish and revitalize your skin.

\*Complimentary use of Wet Facilities

#### **Bachelor /ette Party**

120€ (for 3 persons) 35€ for every extro person

Use of Wet Facilities that include Sauna, Steam room, Indoor Pool, Water Paradise, Ice Bucket, Ice Fountain and Salt Reloxation Area.

\*Wine with a plate of dry fruits & nuts upon request with extra charge



# BEAUTY SERVICES

#### Mani - Pedi - Cure

Manicure / French Manicure	45€ / 50€
Pedicure / French Pedicure	55€ / 60€
Shellac Manicure / Shellac French Manicure	60€/ 65€
Shellac Pedicure / Shellac French Pedicure	70€/ 75€
Spa Manicure/Pedicure	55€/ 70€
Spa Shellac Manicure/Pedicure	70€/ 80€
Manicure/Pedicure Nail Coloring	20€
Shellac Removal	15€
Shellac Express Coloring	35€
Men's Manicure/Pedicure	40€/55€
Men's Spa Manicure/Pedicure	50€/65€

#### **Hair Beauty**

#### Ladies

Hair Wash	10€
Hair Cut (with blow dry)	45€
Blow Dry short/long hair	35€/55€
Hair Straightening short/long hair	45€/60€
Curls style short /long hair	45€/65€
Special Hairstyle	65€ to 100€
Hair Treatments	35€ to 50€
*Special treatments for your hair that pro	ovide smoothness

shine and rejuvenation.

Bridal Hairstyle (trial included) 300€ to 450€

Make up upon request | Ask us

#### Gentlemen

Haircut (wash & forming)	35€
Haircut trim (wash & forming)	25€
Men's Styling (wash & forming)	25€
Beard Trimming	15€





# ADDITIONAL SERVICES

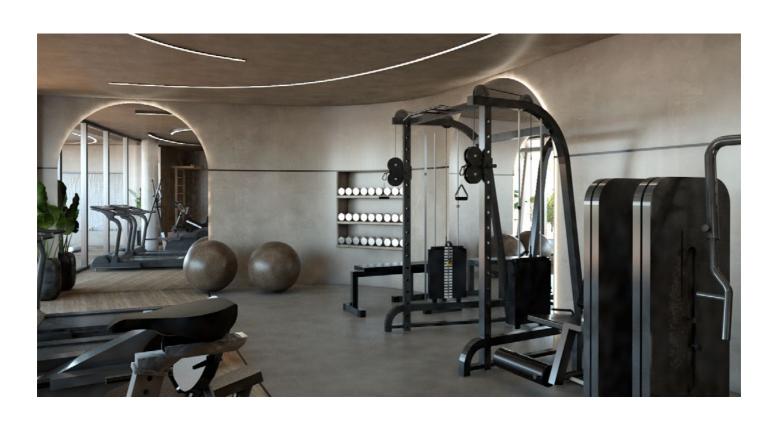
Fitness Center 24 hours open – Free of Charge

Upon reservation for 60' use.

#### Personal Training

60′ - 70€

Reservation required in advance.



## HOW TO SPA WITH US





#### **OPERATION HOURS**

Daily 10:00 - 19:00

#### **HYGIENE PROTOCOL COVID-19**

Our goal is to provide and guide you into an immersive relaxation experience while at the Spa. For this reason, we have taken advanced measures to protect our quests prior to their arrival, ensuring them a safe and serene journey. For the safety of our guests and staff, if you or a family member has experienced any of the following symptoms in the last 7 days, please contact the Spa before your arrival, appointment or use of the premises to obtain more information: cough, fever, shortness of breath, sore throat or headache. As a reminder, if you or a family member has recovered from any of these symptoms in the last 14 days, we kindly ask you to inform the Spa prior to your arrival.

#### **RESERVATIONS**

Please contact the Spa reception to book an appointment. We recommend making a reservation to guarantee your preferred treatment and time.

#### **CANCELLATION POLICY**

We understand that plans can change, and we will do the best to accommodate your needs. However, as all Spa time is under reservation, should you need to cancel or change your booking kindly inform our team 24 hours before your time slot to avoid billing. Otherwise, cancellations made less than 6 hours before the treatment(s) time will result in you being charged 50% of the treatment(s) cost.

#### **BEFORE YOUR ARRIVAL**

As many Spa treatments serve to improve blood circulation through the application of special body pressure techniques, we advise against eating a heavy meal before your treatment. However, a light snack is appropriate. Alcohol is forbidden before any Spa treatment. We recommend that you do not bring your valuables into the treatment room. The Spa bears no responsibility for the loss of any personal belongings. Please wear a bathing suit for treatments including water.

#### **UPON YOUR ARRIVAL**

Kindly arrive at least 15 minutes before your appointment. Delayed arrival will reduce the available time for your treatment. It will therefore reduce its effectiveness and your pleasure. This is your moment, and we want you to enjoy the experience to the fullest. Please let us know about any preferences you have regarding room temperature, pressure and music. Your care is our highest priority.

#### **DURING YOUR STAY**

The Spa is dedicated to maintaining an environment of peace and tranquility. Help us by respecting our atmosphere of privacy and quiet by putting your mobile phone on flight mode during your Spa stay. Smoking, alcohol and eating at the Spa are prohibited.

#### **PREGNANCY**

In our catalogue, you will find specially formulated treatments for women during pregnancy and for those who are nursing. Please allow the Spa team to guide you, helping you choose which treatment is the most suitable during this special time.

#### **GIFT CARDS**

Gift vouchers are available for any treatment, combination of treatments or home care products and are an ideal gift for someone you love and want to show some care for. Gift vouchers are non-refundable and must be presented during treatment or purchase.

#### **HEALTH QUESTIONS**

Please inform us at the time of booking of any medical condition or special needs. This will allow the Spa team to guide you in selecting the right treatments. Before any treatment, our staff will ask you to fill in a medical questionnaire. We fully comply with the EU's General Data Protection Regulation.

#### **AGE REQUIREMENTS**

The Spa is suitable for guests over 16 years of age.







#### CONTACT:

External number: +30 2810 000990 Email: info@pnoe-breathinglife.com